



Dear Parents/Carers,

Newsletter 18.09.26

It has been another really lovely week at KHJS. We celebrated Jeans for Genes Day today, with everyone getting involved and helping to raise awareness for such an important cause.

Our After School Enrichment Clubs have also got underway this week, and it has been fantastic to see so many children getting involved, trying something new and enjoying their time beyond the school day.

We have also been blown away by some of the writing across the school this week. There has been some fantastic use of vivid description, with children really bringing their writing to life. Keep an eye on our social media pages, where you can hear some of the children reading snippets of their work – they are brilliant!

Have a very lovely weekend.

Mrs Parkes
Headteacher



Kents Hill Junior School

Open Morning 28th September 9:15am

Hear from our headteacher and be guided around our lovely school by our own students. Find out for yourself why busy families choose Kents Hill Juniors:

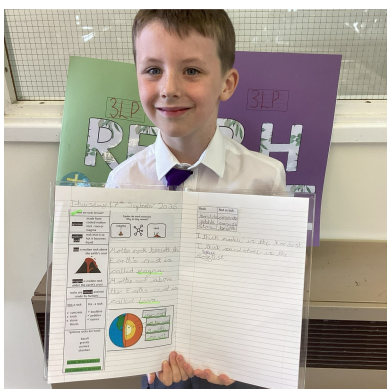
- Wraparound care 7:30am-6pm
- Daily free enrichment clubs
- Every child has their own Chromebook
- Personalised support for academic development
- Nurturing resilient, independent and responsible global citizens

Book now! <https://bit.ly/4j5XK9x>
or email admin@kentshill-jun.essex.sch.uk



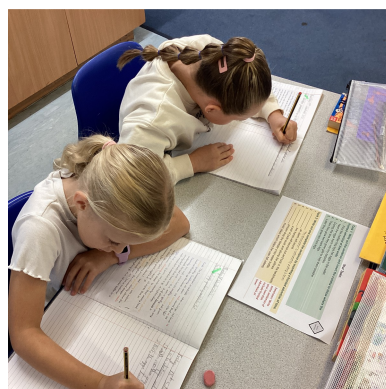
The Epsilon
Star Trust

Kents Hill Highlights



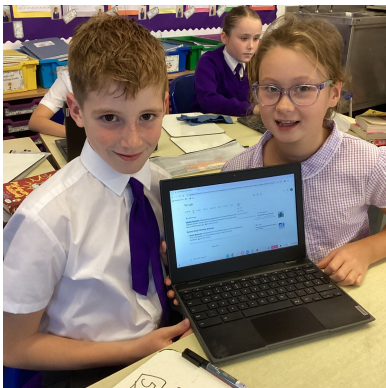
Year 3

In Science, Year 3 have been discovering the fascinating world of rocks! We have been learning how rocks are formed and exploring the different processes that create them. The children have enjoyed becoming little rock detectives, investigating how rocks are made and discovering amazing facts about rocks.



Year 4

In English this week, Year 4 have started their new Explanation and Instruction Text unit. The children will be writing instructions to accompany one of Wallace and Gromit's wacky inventions. This week, we focused on fronted adverbials of time, with the children learning how to use phrases such as *First*, *Next*, *After a few minutes*, and *Finally* to sequence their instructions clearly.



Year 5

This week Year 5 have been practising how to use a search engine. We held a competition to see how can find the search with the smallest results!



Year 6

Year 6 have had a very busy week writing exciting narratives filled with suspense, learning about divisibility and prime numbers in maths, reading a variety of class texts and learning about portraiture in art! Our brilliant pieces of work are beginning to fill our WOW walls.

Be Ready

Secondary School Admissions Process

The new secondary school admission round opened on Saturday 12th September 2026. This is for parents of current Year 6 children to apply for a secondary school (Year 7) place for September 2027.

The statutory national closing date for applications is 31st October 2026. Applications can be made online via [Secondary school places | Essex County Council](#)

Jeans for Genes Day – Friday 18th September

Each year we hold a non-uniform day for this excellent charity which helps children with congenital conditions. Thank you to everyone that has donated so far—if you would still like to donate, please click on the link below:

https://www.justgiving.com/page/epsilon-star-20?utm_medium=FA&utm_source=CL



Lost Property & Name Labels

Please can you ensure that you mark every item of school uniform/belongings with your child's name and class - we have lots of unnamed jumpers, cardigans and PE jackets in our lost property area already this term!

The school has an ID code with [Mynametags.com](https://www.mynametags.com) - suppliers of washable, easy to use name labels which can be used on school uniform, equipment, shoes and more! For every order placed using the ID code, money is raised that will go towards the school PTA Fund. The ID is 19116 and orders can be made on <https://www.mynametags.com/affiliate?id=19116>



Pupil Individual Photos

Please note that pupil individual photos will be taking place on Friday 25th September 2026. The pupils will also get the opportunity to have a photo with their sibling(s) if they are at KHJS.

Breakfast & After School Club Bookings

Reminder to all parents all children attending breakfast club/after school club will be required to be booked into sessions using the School Gateway app and paid for in advance.

If your child has not attended after school club before, you will be required to complete and return a form which can be obtained from the school office.

Be Safe

Change of Weather: Change of Shoes & Raincoats

As the weather is slowly changing, can we please ask that children are sent to school with raincoats and wellie boots, or a change of shoes (not football boots).

Can you please ensure all items of clothing are clearly labelled with your child(rens) names.

Year 6 Walking home

Please can we ask that you let the school know if your Year 6 child is to walk home by themselves. This can be done by giving permission via the following Google form:

<https://forms.gle/HWB93G5BjJ23RfjA6>

Be Respectful

Keeping Our Children Safe Around School

Thank you to all of our parents and carers for helping us keep our children safe every day. Please remember the following at all times, including during wrap-around care:

- Do not park in front of the school gates. This keeps children safe, ensures emergency access and prevents congestion.
- Do not follow other cars into the car park. The car park is for KHJS/KHIA staff use only. Following other vehicles puts pedestrians at risk and increases the chance of accidents.
- Please use the zebra crossing with the designated School Crossing Patrol Officer. Doing so sets a great example of safe road habits for our children.

Your support and careful attention make a huge difference in keeping everyone safe—thank you!

Information

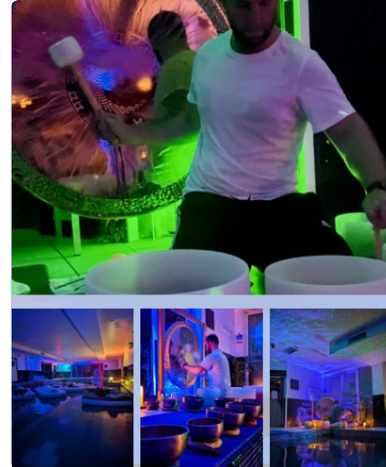
PTA Event: Zen with Ben Soundbaths

We are delighted to invite you to a special Sound Bath Evening, organised by the PTA, taking place on Thursday 1st October 2026 at 7:00pm. This adult only event will be hosted by the amazing Zen with Ben.

Come along and enjoy a relaxing evening of soothing sounds and gentle vibrations, providing an opportunity to pause, unwind and take some time for yourself. Places will be limited, so we encourage you to book early to avoid disappointment.

Tickets: £20 via School Gateway

As always, all proceeds from this event goes directly back to the school towards the PTA's next fundraiser. We hope you can join us for what promises to be a lovely evening of relaxation, community and wellbeing.



Key Dates

2 Johns E-Safety training - Wednesday 23d September

Pupil Individual photos - Friday 25th September (AM)

Class 3LP & 3LJ (group 1) - local church visit - Tuesday 29th September

Class 3MM & 3LJ (group 2) - local church visit - Wednesday 30th September

Year 5/6 Girls football tournament - Wednesday 30th September

Parent/Carer 'Book Look' - Wednesday 30th September

PTA Event: Zen with Ben Soundbaths - Thursday 1st October @ 7pm

Travelling Book Fair - W/C 5th October

Orienteering Enrichment Day - Monday 5th October

Year 5/6 boys football tournament - Wednesday 7th October

World Mental Health Day - Friday 9th October

(wear yellow accessories to be worn with school uniform)

Attendance

Moments Matter, Attendance Counts

3LP	100%
5NA	100%
4TA	99%
5ML	99%
4RE	98%
4AB	98%
6JC	98%
3LJ	97%
5MR	97%
KHJS TARGET	97%
3MM	95%
6HC	95%
6CA	94%

Menu

The school menu for next week will be Week 1 from the Autumn/Winter 2026 menu. A copy of the menu can be found on our website: <https://www.kentshilljuniorschool.co.uk/lunch-menu/>

MADE FOR YOU.
GREAT STUFF.
Every day.

Week 1

01/09/26, 21/09/26, 12/10/26,
09/11/26, 30/11/26, 04/01/27,
25/01/27

Kents Hill Infant & Junior Schools
Autumn/Winter 2026/7



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	HAM & CHEESE PIZZA & WEDGES	CHICKEN CURRY & RICE	ROAST CHICKEN, ROASTIES, YORKSHIRE PUD & GRAVY	MACARONI CHEESE	FISH FINGERS & CHIPS
VEGETARIAN	CHEESE & TOMATO PIZZA & WEDGES	VEGETABLE KORMA & RICE	CHEESE & TOMATO PINWHEEL, ROASTIES, YORKSHIRE PUD & GRAVY	TOMATO PASTA (Ve)	QUORN NUGGETS & CHIPS (Ve)
OPTION 3	JACKET POTATO WITH BAKED BEANS OR CHEESE	JACKET POTATO WITH BAKED BEANS OR CHEESE	JACKET POTATO WITH BAKED BEANS OR CHEESE	JACKET POTATO WITH BAKED BEANS OR CHEESE	JACKET POTATO WITH BAKED BEANS OR CHEESE
SIDES	BAKED BEANS, BROCCOLI	CARROTS, SWEETCORN	CARROTS, BROCCOLI	SWEETCORN, GREEN BEANS	PEAS, BAKED BEANS
DESSERT	RAINBOW SHORTBREAD (Ve) & RAISINS	APPLE & CINAMMON SPONGE	RASPBERRY JELLY (Ve)	OATY COOKIE (Ve)	CHOCOLATE CORNFLAKE CAKE (Ve)

AVAILABLE DAILY

FRESH BREAD & SALAD BAR
YOGHURT & FRESH FRUIT

We always meet the government food-based standard for school lunches. All of our meals are freshly prepared on-site by our team to ensure there are no undesirable additives. Many of our dishes contain hidden vegetables to increase vegetable intake. We are continuously working to reduce the amount of refined sugar in our menus.

SCAN FOR ALLERGENS

Class Dojo

The following pupils have received the most points in their class this week for being Ready, Respectful and Safe and being Successful, Creative and Kind.

- 3LJ - Lena J
- 3LP - Roman P
- 3MM - Teddy F
- 4AB - Ethan J
- 4RE - Jacob P
- 4TA - William Mo
- 5ML - Jasmine H
- 5MR - Joshua-James B
- 5NA - Rishik B
- 6CA - Jesse I
- 6HC - Theodore T
- 6JC - Beau M



Asthma Newsletter Winter 2026

Mid and South Essex
Community Collaborative



Did you know flu is a major trigger for asthma attacks?

**Want to know how to protect your child this winter?
Follow the Community Children's Asthma Nurses top tips:**

- Take your **preventer** inhaler everyday.
- Always use a **spacer** unless you have a dry powder inhaler.
- Make sure you get your **flu vaccine**.



We need a spacer to ensure the medicine gets to our lungs.



What does a "preventer" inhaler do?

1. It reduces the swelling and inflammation within the airway in the lungs.
2. This makes the airways less sensitive to asthma triggers.
3. Using it every day as prescribed, will mean you need to take your rescue (blue) inhaler less.

According to UKHSA data the flu vaccine is up to 75% effective at preventing hospital attendances due to flu.



What is good asthma control?

1. **No symptoms during the day.**
2. **No symptoms waking them at night.**
3. **Able to complete all normal activities including PE.**
4. **Little/ no need for the rescue (blue) inhaler.**

If you are worried that your child's asthma is not controlled despite preventer treatment, please visit your GP for an asthma review and why not discuss referral to the Children's Community Asthma Service.

FOLLOW US ON SOCIAL MEDIA

Instagram

Facebook

Contact Details

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Kents Hill Junior School