



Kents Hill Junior School

NEWSLETTER

Dear Parents/Carers,

Newsletter 09.10.2026

What another brilliant week of learning we have had across KHJS!

Our Book Fair has been with us this week and it has been lovely to see so many families joining us to browse the books and choose a new book together. Thank you for supporting our children in developing a love of reading.

On Thursday, our Year 6 pupils spent the day cooking up a storm! From fresh salads to pasta dishes and noodle soup, there were some delicious creations being made and the whole school smelt amazing with their cooking!

Meanwhile, Year 3 have been busy exploring materials in DT, testing their properties and then using this to help them create nets. It has been lovely to see their curiosity and creativity in action.

Today, we marked World Mental Health Day across the school by wearing yellow and taking time to think about what mental health means to us and the ways we can look after our own wellbeing and support others. It was a valuable opportunity to remind our children that looking after our minds is just as important as looking after our bodies.

As always, there has been so much to celebrate across KHJS this week, with our pupils embracing new learning, trying new things and supporting one another along the way. We can't wait to show you all of our learning at Parent/Carer evenings next week.

Have a lovely weekend,
Mrs Parkes
Headteacher



Kents Hill Junior School

Open Morning 20th October 9:15am

Hear from our headteacher and be guided around our lovely school by our own students. Find out for yourself why busy families choose Kents Hill Juniors:

- Wraparound care 7:30am-6pm
- Daily free enrichment clubs
- Free 11+ Tutoring
- Every child has their own Chromebook
- Nurturing resilient, independent and responsible global citizens

Book now! <https://shorturl.at/OBsJr>
or email admin@kentshill-jun.essex.sch.uk

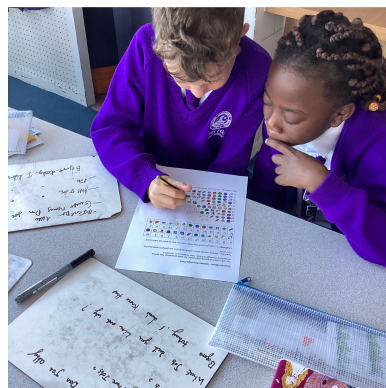


Kents Hill Highlights



Year 3

Year 3 have continued their investigation into how to strengthen fabric. They then used their measuring skills to create a net from paper and transfer this onto fabric. We were so impressed with their concentration and determination! Well done Year 3!



Year 4

On Thursday, the children took part in the *My Futures* programme, which introduces them to the different careers they could pursue after leaving school. This term's theme was "Over the Moon", and the children had the exciting opportunity to hear from a helicopter engineer and a mission systems engineer. They thoroughly enjoyed completing a space-themed activity and listening to the guests' amazing stories and experiences. It was a fantastic opportunity for the children to explore a range

of future career possibilities and learn more about the exciting world of engineering!



Year 5

Year 5 this week have been designing their own webpage for Kent's Hill Junior School during their computing lessons! They designed what they would like to see for Kents Hills' website! Well done!



Year 6

Year 6 had a brilliant time cooking this week! They worked in teams to make sensory salads, tomato pasta and a noodle soup. We used a range of techniques and equipment to make our dishes look appetising.

Be Ready

Secondary School Admissions Process

The new secondary school admission round opened on Saturday 12th September 2026. This is for parents of current Year 6 children to apply for a secondary school (Year 7) place for September 2027.

The statutory national closing date for applications is 31st October 2026. Applications can be made online via [Secondary school places | Essex County Council](#)

Parent Consultation Evening

Please be reminded that the Parents Consultation Evenings will run on the following dates:

- Tuesday 13th October - appointments: 3.45pm - 6.15pm
- Thursday 15th October - appointments - 4.30pm - 7pm

All appointments are in person in the school hall and we will also be opening up the whole school for pupils to "showcase" their fantastic work in classrooms. Letters have been sent home with your child this week on how you can book your appointment. Please contact the school office should you need help booking your appointment.

Be Safe

Change of Weather: Change of Shoes & Raincoats

As the weather is slowly changing, can we please ask that children are sent to school with raincoats and wellie boots, or a change of shoes (not football boots).

Be Respectful

Boys Football Tournament - Wednesday 7th October

Congratulations to the following boys who took part in the Year 5 & 6 Boys Football Tournament at The Deanes School on Wednesday.

- Jacob M
- Tommy W
- Harry E
- Rome M
- Frankie L
- Spencer M
- Alfie B
- Jesse I
- Teddy C
- Luca L
- Jacob T
- Freddie W
- Jack A
- Tyler A
- Hunter M
- Tommy H
- Jake D
- Tommy H
- Gerry F
- Caelan B

The team played brilliantly and were great role models for the school.

Information

SEND Coffee & Topic Session

We're inviting parents and carers of SEND pupils to join us at our Coffee/Topic session on Tuesday 20th October @ 2pm. We're delighted to confirm that we have a member of staff from the Megacentre in Rayleigh joining us. The Megacentre SEN in Rayleigh is a not-for-profit social enterprise that provides a range of supportive sessions for families with special needs.

If you would like to attend, please contact the school office on admin@kentshill-jun.essex.sch.uk



PTA UV Disco—Wednesday 21st October

Tickets cost £5 per child and can be purchased via the School Gateway app.

Parents are to pick up from reception after the event. **This day will be a non-uniform day, so children can come to school wearing their best clothes**. They can bring along a small amount of cash as snacks, drinks, glow sticks and neon face paint will available. We will need parent helpers for each evening to help supervise and sell refreshments – please advise if you can help! By purchasing a ticket, you consent to your child being allowed to have UV paint applied.



Key Dates

Parents Evening - Tuesday 13th October - 3:45pm - 7pm

Flu immunisations - Wednesday 14th October (AM)

Parents Evening - Thursday 15th October - 4:30pm - 7pm

Help in the Community Week - W/C 19th October

Open morning to prospective parents/carers - Tuesday 20th October @ 9:15am

SEND Coffee/Topic session to parents/Carers - Tuesday 20th October @ 2pm

Year 5/6 Tag Rugby Tournament - Wednesday 21st October

PTA Disco for Year 3 & 4 pupils - Wednesday 21st October @ 3:30pm - 4:45pm

PTA Disco for Year 5 & 6 pupils - Wednesday 21st October @ 5:15pm - 6:30pm

School Closed - inset day - Friday 23rd October

School Closed - Half Term - W/C 26th October

First day back after Half Term - Monday 2nd November

Health & Relationship week - W/C 2nd November

Attendance

Moments Matter, Attendance Counts

5NA	100%
5ML	99%
4RE	99%
3MM	98%
4TA	97%
4AB	97%
KHJS TARGET	97%
6JC	96%
6HC	96%
5MR	96%
3LJ	95%
3LP	95%
6CA	93%

Menu

The school menu for next week will be Week 1 from the Autumn/Winter 2026 menu. A copy of the menu can be found on our website: <https://www.kentshilljuniorschool.co.uk/lunch-menu/>

MADE FOR YOU.
GREAT STUFF.
Every day.

Week 1

01/09/26, 21/09/26, 12/10/26,
09/11/26, 30/11/26, 04/01/27,
25/01/27

Kents Hill Infant & Junior Schools
Autumn/Winter 2026/7



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	HAM & CHEESE PIZZA & WEDGES	CHICKEN CURRY & RICE	ROAST CHICKEN, ROASTIES, YORKSHIRE PUD & GRAVY	MACARONI CHEESE	FISH FINGERS & CHIPS
VEGETARIAN	CHEESE & TOMATO PIZZA & WEDGES	VEGETABLE KORMA & RICE	CHEESE & TOMATO PINWHEEL, ROASTIES, YORKSHIRE PUD & GRAVY	TOMATO PASTA (Ve)	QUORN NUGGETS & CHIPS (Ve)
OPTION 3	JACKET POTATO WITH BAKED BEANS OR CHEESE	JACKET POTATO WITH BAKED BEANS OR CHEESE	JACKET POTATO WITH BAKED BEANS OR CHEESE	JACKET POTATO WITH BAKED BEANS OR CHEESE	JACKET POTATO WITH BAKED BEANS OR CHEESE
SIDES	BAKED BEANS, BROCCOLI	CARROTS, SWEETCORN	CARROTS, BROCCOLI	SWEETCORN, GREEN BEANS	PEAS, BAKED BEANS
DESSERT	RAINBOW SHORTBREAD (Ve) & RAISINS	APPLE & CINAMMON SPONGE	RASPBERRY JELLY (Ve)	OATY COOKIE (Ve)	CHOCOLATE CORNFLAKE CAKE (Ve)

We always meet the government food-based standard for school lunches. All of our meals are freshly prepared on-site by our team to ensure there are no undesirable additives. Many of our dishes contain hidden vegetables to increase vegetable intake. We are continuously working to reduce the amount of refined sugar in our menus.

AVAILABLE DAILY

FRESH BREAD & SALAD BAR
YOGHURT & FRESH FRUIT



SCAN FOR ALLERGENS



Class Dojo

The following pupils have received the most points in their class this week for being Ready, Respectful and Safe and being Successful, Creative and Kind.

- 3LJ - Matilda C
- 3LP - Kiyan R
- 3MM -Ronnie D
- 4AB - La'Rosa D
- 4RE -Mia G
- 4TA - Teddy W
- 5ML - Joshua L
- 5MR - Peaches S
- 5NA - Felicity B
- 6CA -Joseph H
- 6HC - Indie K
- 6JC - Sienna K



Asthma Newsletter Winter 2026

Mid and South Essex
Community Collaborative



Did you know flu is a major trigger for asthma attacks?

**Want to know how to protect your child this winter?
Follow the Community Children's Asthma Nurses top tips:**

- Take your **preventer** inhaler everyday.
- Always use a **spacer** unless you have a dry powder inhaler.
- Make sure you get your **flu vaccine**.



We need a spacer to ensure the medicine gets to our lungs.



What does a "preventer" inhaler do?

1. It reduces the swelling and inflammation within the airway in the lungs.
2. This makes the airways less sensitive to asthma triggers.
3. Using it every day as prescribed, will mean you need to take your rescue (blue) inhaler less.

According to UKHSA data the flu vaccine is up to 75% effective at preventing hospital attendances due to flu.



What is good asthma control?

1. **No symptoms during the day.**
2. **No symptoms waking them at night.**
3. **Able to complete all normal activities including PE.**
4. **Little/ no need for the rescue (blue) inhaler.**

If you are worried that your child's asthma is not controlled despite preventer treatment, please visit your GP for an asthma review and why not discuss referral to the Children's Community Asthma Service.

FOLLOW US ON SOCIAL MEDIA

Instagram

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